

# PLAN YOUR FUTURE

## YEAR 10 - YEAR 11 GUIDE



### EXPLORE & REFLECT

### PLAN & PREPARE

#### MY STRENGTHS & INTERESTS

- What **subjects** or **activities** do you enjoy?
- What are your **natural talents**?
- Do you like working with **people, technology, creativity, numbers or words**?
- Identify **transferable skills** that you have gained from your **hobbies & interests**.

#### AFTER GCSE'S - WHAT'S NEXT?

- Do you want to do **A Levels**?
- Would a **college course** suit your interests?
- Could an **apprenticeship** help you learn and earn?
- What **industries** or types of **work** sound exciting to you?
- Start to draft your **CV's** - include **clubs, sports, volunteering** and **skills**

#### THE WORLD OF WORK

- Discover **jobs behind the scenes**
- Explore **fast-growing industries** & jobs of the **future**
- Research **local companies** & what they do

"Choose a job you love, and you will never have to work a day in your life." – Confucious

#### MINDSET AND MOTIVATION

- Embrace **challenges** & see **mistakes** as learning
- Think about what **excites you**

"Failure is not the opposite of success; it's part of success." – Arianna Huffington



Essex Opportunities



GOV UK - Find an apprenticeship

#### WHAT YOU CAN DO NOW

- Look for **work experience** or **volunteering**
- **Research** needed qualifications
- Visit **career fairs, open days, or watch videos**
- Use **ChatGPT** to explore **careers & skills**

#### SETTING SMALL GOALS

- **Research** a new career this week
- **Ask** a teacher or family member for advice
- Try a new **hobby, club** or **online course**

#### SKILLS FOR ANY FUTURE

- **Teamwork & communication**
- **Problem solving & creativity**
- **Digital skills & adaptability**

#### TALK AND CONNECT

- Speak to **teachers, family & mentors**
- Join **clubs & events**
- Ask someone about **Mock Interviews**.
- Explore real stories on **LinkedIn** or **YouTube**

#### USEFUL RESOURCES

- **ChatGPT** (ask anything!)
- **Local college & apprenticeship** websites
- **Podcasts, videos, and books** about jobs that interest you



National Careers Service



UCAS Career Finder

"By failing to prepare, you are preparing to fail" – Benjamin Franklin