

# DISCOVER YOUR FUTURE

## YEAR 7 - YEAR 9 GUIDE



### EXPLORE & DISCOVER

#### What do you love doing?

- Which **subjects** feel **fun** or interesting?
- What **hobbies** or **clubs** do you enjoy?
- Do you like **designing, performing, solving problems, building things, helping people** or **finding out why things happen**?

#### What are you good at?

- Best **subjects, hobbies, sports, or clubs**?
- **Skills** friends, family, or teachers say you have?
- Things that come **easily** to you?

#### What sparks your curiosity?

- Are there **topics** you look up videos about?
- Do you enjoy **team projects, performing, designing, or experimenting**?

*"Don't just think about marks - think about enjoyment too!"*



### STAY CURIOUS

- You don't have to decide your **future job** now - just keep **exploring** what makes you **excited**!

*"The future belongs to the curious"*



National Careers Service Quiz



BBC Bitesize Careers Quiz



### CONNECT & TRY NEW THINGS

#### How do your favourite subjects link to jobs?

- Love **Science** → **medicine, engineering, research**
- Love **Art & Design** → **graphics, architecture, product design**
- Love **Drama or English** → **media, law, teaching**

#### Try new things!

- Join **clubs, competitions, or events** to discover new interests.
- Visit **museums, STEM fairs, or creative workshops**.
- Watch "A day in the life" videos online



### TALK & ASK

#### Who can you talk to?

- **Older Students:** Why did they pick certain **GCSE's**?
- **Teachers:** What different **subjects** cover and how they link to **jobs**?
- **Family & Friends:** What **strengths** do they see in you?

"I get excited when I solve tricky problems."

"I love making things with my hands."

"I like helping people feel better."

#### Ask yourself...

- What **subjects** do I look forward to each week?
- What **homework** feels **fun**, not just necessary?
- Do I prefer working **alone** or in a **group**?
- Do I enjoy **writing, drawing, building, debating, coding, or performing**?

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